# TAHOE DONNER® TENNIS CALENDAR

SUN	MON	TUES	WED	THURS	FRI	SAT
SEP			ON CLI EVENTS P TAHOEDO	RE DETAILS NICS AND PLEASE VISIT DNNER.COM/ ENNIS	9 A.M. PD: LADIES DAY 9 A.M. CT: CARDIO TENNIS 10 A.M. TC: VOLLEYS 5:30 P.M. LB: LIVE BALL 4.0+ MEN'S	9 A.M. CT: CARDIO TENNIS 10 A.M. LB: LIVE BALL 11 A.M. TC: GROUNDSTROKES
9 A.M. PD: MIXED DOUBLES	4	9 A.M. PD: MENS DAY	6	7	0	9
9 A.M. CT: CARDIO TENNIS 10 A.M. LB: LIVE BALL 11 A.M. TC: SERVES AND RETURNS	9 A.M. CT: CARDIO TENNIS 10 A.M. TC: DOUBLES TROUBLES	9 A.M. CT: CARDIO TENNIS 10 A.M. MC: MINI CAMP LADIES 3.5+ 5 P.M. PD: LADIES NIGHT 3.5+	9 A.M. LDP: LADIES DRILL AND PLAY 5 P.M. PD: MENS NIGHT 4.0+	9 A.M. CT: CARDIO TENNIS 10 A.M. MC: MINI CAMP LADIES 4.0+	9 A.M. PD: LADIES DAY 9 A.M. CT: CARDIO TENNIS 10 A.M. TC: OFFENSE/DEFENSE	9 A.M. CT: CARDIO TENNIS 10 A.M. LB: LIVE BALL 11 A.M. TC: VOLLEYS
9 A.M. PD: MIXED DOUBLES 9 A.M. CT:	11	9 A.M. PD: MENS DAY  9 A.M. CT: CARDIO TENNIS	13	14	9 A.M. PD: LADIES DAY 9 A.M. CT: CARDIO TENNIS	9 A.M. CT: CARDIO TENNIS
CARDIO TENNIS  10 A.M.  LB: LIVE BALL  11 A.M. TC:  GROUNDSTROKES		10 A.M. MC: MINI CAMP LADIES 4.0+ 5 P.M. PD: LADIES NIGHT 3.5+	9 A.M. LDP: LADIES DRILL AND PLAY 5 P.M. PD: MENS NIGHT 4.0+	9 A.M. CT: CARDIO TENNIS 10 A.M. MC: MINI CAMP LADIES 3.5+	10 A.M. TC: SERVES AND RETURNS ALL DAY SE: 7TH ANNUAL SENIOR TOURNAMENT	11 A.M. TC: DOUBLES TROUBLES ALL DAY SE: 7TH ANNUAL SENIOR TOURNAMENT
9 A.M. PD: MIXED DOUBLES 9 A.M. CT: CARDIO TENNIS 10 A.M. LB: LIVE BALL 11 A.M. TC: OFFENSE/DEFENSE ALL DAY SE: 7TH ANNUAL SENIOR TOURNAMENT	18	9 A.M. PD: MENS DAY 9 A.M. CT: CARDIO TENNIS 10 A.M. MC: MINI CAMP LADIES 3.5+ 5 P.M. PD: LADIES NIGHT 3.5+	9 A.M. LDP: LADIES DRILL AND PLAY 5 P.M. PD: MENS NIGHT 4.0+	9 A.M. CT: CARDIO TENNIS 10 A.M. MC: MINI CAMP LADIES 4.0+	9 A.M. PD: LADIES DAY  9 A.M. CT: CARDIO TENNIS  10 A.M. TC: VOLLEYS	7:30 A.M. SE: TOURNAMENT WARM-UP CLINIC  9 A.M. CT: CARDIO TENNIS  10 A.M. LB: LIVE BALL  11 A.M. TC: GROUNDSTROKES  ALL DAY SE: 9TH ANNUAL FALL JUNIOR OPEN
7:30 A.M. SE: TOURNAMENT WARM-UP CLINIC 9 A.M. PD: MIXED DOUBLES 9 A.M. CT: 10 A.M. LB: LIVE BALL 11 A.M. TC: SERVES	25	9 A.M. PD: MENS DAY  9 A.M. CT: CARDIO TENNIS	9 A.M. LDP: LADIES DRILL	20 9 A.M. CT:	9 A.M. PD: LADIES DAY	9 A.M. CT: CARDIO TENNIS
AND RETURNS ALL DAY SE: 9TH ANNUAL FALL JUNIOR OPEN		10 A.M. MC: MINI CAMP LADIES 4.0+ 5 P.M. PD: LADIES NIGHT 3.5+	AND PLAY  5 P.M. PD: MENS NIGHT 4.0+	CARDIO TENNIS  10 A.M. MC: MINI CAMP LADIES 3.5+	CARDIO TENNIS  10 A.M. TC: DOUBLES TROUBLES	10 A.M. LB: LIVE BALL 11 A.M. TC: OFFENSE/DEFENSE

#### CT - CARDIO TENNIS (ALL LEVELS)

A high energy tennis fitness class that provides a great aerobic workout while playing tennis. 60 minutes. Cost: \$13 Member, \$16 Guest

# LDP - LADIES DRILL AND PLAY (2.5+)

Start with a 90 minute clinic with our pros and then test your new skills with 90 minutes of play. Cost: \$22 Member. \$27 Guest

#### TC - THEME CLINIC (3.0+)

These skill specific clinics help bring your game to the next level. Don't miss out so sign up early. 60 minutes. Cost: \$16 Member, \$19 Guest

#### MC - MINI CAMP

These 90 minute level and skill specific classes are a great way to sharpen your game. Cost: \$22 Member. \$27 Guest

#### LB - LIVE BALL (3.0+)

This is an up-tempo doubles clinic that focuses specifically on point play for 60 minutes. Cost: \$13 Member, \$16 Guest

#### JP - JUNIOR PROGRAMS

This summer's combination of camps and clinics is a great way to get your young stars out on the courts having fun and learning the game. Please contact the Tennis Pro Shop for more information.

#### **SE - SPECIAL EVENTS**

August's Special Events

#### PD - MEN'S, LADIES', MIXED DOUBLES, AND PICKLEBALL PLAY DATES

Looking for a great way to get out and play? An easy move up or down and split rotation format makes meeting new players and keeping the tennis competitive a snap. These programs run through October.

# SPECIAL EVENTS

### TAHOE DONNER SEVENTH ANNUAL SENIOR TENNIS **TOURNAMENT**

### FRIDAY - SUNDAY, SEPTEMBER 15 - 17

Be on the lookout for some of the top players from Northern California and beyond to be in the draw and fighting for the title of Tahoe Donner Senior Champion. Age divisions start at 40+ and run all the way up to 70+. So, prepare to be inspired by what some of these senior tennis players can do on a tennis court. Play is open to all USTA members and signups are at www.norcal.usta.com under the Senior Tournaments tab. For more information please email tennis@tahoedonner.com or call 530-582-9625.

### TAHOE DONNER 9TH ANNUAL FALL JUNIOR OPEN SATURDAY - SUNDAY, SEPTEMBER 23 - 24

Tahoe Donner is proud to host the 9th Annual Fall Junior Open on the weekend of September 23 and 24. This USTA event will not only draw players from all over the Northern California area but many of our local athletes as they fight for ranking points and the Tahoe Donner Championship Title. Sign up online at www.norcal.usta.com and click on the Junior Tournament link. More information can be provided by emailing imindell@tahoedonner.com. Come over to the tennis center to watch these up and coming stars.

## **USTA RATINGS**

- 1.5 This player has limited experience and is still working primarily on getting the ball into play.
- 2.0 This player needs on-court experience. This player has obvious stroke weaknesses but is familiar with basic positions for singles and doubles play.
- 2.5 This player is learning to judge where the ball is going although court coverage is weak. Can sustain a short rally of slow pace with other players of the same ability.
- 3.0 This player is fairly consistent when hitting medium paced shorts, but is not comfortable with all strokes and lacks execution when trying for directional control, depth, or power. Most common doubles formation is one-up, one-back.
- 3.5 This player has achieved improved stroke dependability with directional control on moderate shots, but still lacks depth and variety. This player exhibits more aggressive net play, has improved court coverage, and is developing teamwork in doubles.
- 4.0 This player has dependable strokes, including directional control and depth on both forehand and backhand sides on moderate shots, plus the ability to use lobs, overheads, approach shots and volleys with some success. This player occasionally forces errors when serving.

Rallies may be lost due to impatience. Teamwork in doubles is evident.

- 4.5 This player has begun to master the use of power and spins and is beginning to handle pace, has sound footwork, can control depth of shots, and is beginning to vary game plan according to opponents. This player can hit first serves with power and accuracy and place the second serve. This player tends to over hit on difficult shots. Aggressive net play is common in doubles.
- 5.0 This player has good shot anticipation and frequently has an outstanding shot or attribute around which a game may be structured. This player can regularly hit winners or force errors off of short balls and can put away volleys, can successfully execute lobs, drop shots, half volleys, overhead smashes, and has good depth and spin on most 2nd serves.
- 5.5 This player has developed power and/or consistency as a major weapon. This player can vary strategies and styles of play in a competitive situation and hits dependable shots in a stress situation.
- 6.0 7.0 The 6.0 player typically has had intensive training for national tournament competition at the junior and collegiate levels and has obtained a sectional and/or national ranking. The 7.0 is a world class player.

All classes have a 3 person minimum except for the Mini Camps which require a 4 person minimum. If minimums are not met then classes will either be shortened or cancelled. Ask the pro shop for specifics on our minimums policy. All classes have an 8 student to teacher ratio except for Theme Clinics and Mini Camps which is set at 6. Any classes that have more than the maximum signed up, a second or third pro may be added to the class in order to accommodate the extra participants. Please sign up early so you can ensure your spot and also allow us to schedule enough teaching pros to the classes. A cancellation policy is in effect for all classes and it requires you to call ahead to cancel your spot. If you do not show or do not call you will be charged the cost of the class. Please give us feedback about all of our classes, schedules and instructors so we will be better able to provide the quality and types of classes that you expect from your tennis center here at Tahoe Donner.