

THE GIVING FUND SUPPORTS CoRR STUDENT ASSISTANCE PROGRAM

BY SUZANNE SULLIVAN, GIVING COMMITTEE MEMBER AND ARIEL LOVETT, DEPUTY DIRECTOR OF CoRR

Community Recovery Resources (CoRR) is a nonprofit organization providing substance use disorder prevention and treatment services for teens and adults in Nevada and Placer Counties. CoRR focuses on families, with programs including counseling, therapy, housing, teen programs, child development, and more.

A grant of \$1,500 made to the CoRR student assistance program is helping meet the needs of at-risk students in the Tahoe Truckee Unified School District at North Tahoe and Truckee high schools who are experiencing the harmful effects of adolescent substance use.

Research demonstrates that 90 percent of addiction begins in the teen years. "Addiction is a chronic disease with devastating effects, driving homelessness, crime, child abuse and neglect, family suffering, loss of lives, and costing our nation more than cancer and diabetes combined, as it results in high costs in healthcare, criminal justice, and lost pro-



ductivity," said Ariel Lovett, CoRR's deputy director. "In supporting our teens, we have an opportunity to make their lives better, and by reducing substance use disorders, create healthier, safer communities for everyone."

CoRR's student assistance program helps teenagers regain health, focus, and prepare for a bright future, giving teens tools and information to help prevent developing a disorder.

Last year, 30 students engaged in the program and approximately 85 percent completed successfully. Although anonymity is protected, teens provided anonymous evaluations, sharing what they learned. Teens write that they learned about consequences of drug use and how it affected their goals. Some of the feedback included comments such as:

- "I learned to make better choices."
- "Staying focused on what I love."
- They highlighted improved family relationships: "I learned that when I make better choices and stop being irresponsible, my mom respects and trusts me more."

Many students talk about their choices to not "hang out with" students that are using; that is, to avoid the situations that can compromise their ability to be healthy and safe. Another boy wrote, "I feel as if I improved overall as a person; I feel happier, I don't slack off anymore, and I get things done with a lot more ease."

Thank you, Tahoe Donner full-time and residents and second homeowners for your support of this worthy program. Learn more about CoRR at corr.us.

THE \$1,500 GRANT FROM THE GIVING FUND SUPPORTS STUDENT BEHAVIORAL HEALTH EARLY INTERVENTION PROGRAM DURING THE 2016-17 SCHOOL YEAR.

This project is an 8-week, on-campus teen substance use disorder prevention and diversion program. It establishes specific goals around the prevention and education of substance use among students (chemical stability, motivation for change, relieve suffering, infuse resiliency, improve health).

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