



## MISSION STATEMENT

*Project MANA aims to drastically reduce the incidence of hunger and its detrimental effects upon individuals, families, the community and the region.*

## **Project MANA Food Donation Guidelines – Stores & Restaurants**

Project MANA relies on support from the community to help collect food to support our mission.  
Healthy food donations are welcome anytime!

### ***What should I donate?***

- Healthy, non-perishable foods
- Items with intact, unopened, manufacturer's or licensed food handling facility's packaging
- Individual packages should not exceed 32 ounces.
- Non-perishable foods that are no more than 3 months past the "Sell by" or "Best by" date
- Perishable foods that have not yet reached the "Sell by" or "Best by" date

### ***What are the most needed items?***

Nutrient dense foods! Listed below are the foods for which we currently have the greatest need.

- Fresh Fruits & Vegetables
- Canned Fruit
- Granola/Nutrition bars
- Milk & other dairy items
- Canned Tuna or Chicken
- Rice

### ***What food donations can Project MANA not accept?***

Due to space constraints in our warehouse, improved nutritional standards and food safety concerns, Project MANA cannot accept the following donations:

- Unpackaged prepared foods
- Foods without ingredient labels
- Foods that have been opened
- Expired/rotting food
- Soda, drinks & bottled water
- Candy & chips
- Bulk items (containers over 2 lbs.)
- Packaged foods with no expiration date

***Have any questions?*** Give our Program Director a call at 775-298-4161 ext. 107

*Updated 4/22/2019*