

TAHOE DONNERSM TENNIS CALENDAR

SUN	MON	TUES	WED	THURS	FRI	SAT	
9 A.M. PD: MIXED DOUBLES 9 A.M. CT: CARDIO TENNIS 10 A.M. LB: LIVE BALL 11 A.M. TC: VOLLEYS 1	2	9 A.M. PD: MENS DAY 10 A.M. MC: MINI CAMP LADIES 3.5+ 3	9 A.M. LDP: LADIES DRILL AND PLAY 4	10 A.M. MC: MINI CAMP LADIES 4.0+ 5	9 A.M. PD: LADIES DAY 9 A.M. CT: CARDIO TENNIS 6	9 A.M. CT: CARDIO TENNIS 10 A.M. LB: LIVE BALL 11 A.M. TC: GROUNDSTROKES 7	
9 A.M. PD: MIXED DOUBLES 9 A.M. CT: CARDIO TENNIS 10 A.M. LB: LIVE BALL 11 A.M. TC: SERVES AND RETURNS 8	9	10	11	12	ALL DAY SE: NORTHERN NEVADA HIGH SCHOOL INDIVIDUAL TENNIS TOURNAMENT 13	ALL DAY SE: NORTHERN NEVADA HIGH SCHOOL INDIVIDUAL TENNIS TOURNAMENT 14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	
29	30	31 OCTOBER				<div style="background-color: #76b82a; color: white; padding: 10px; border-radius: 10px; width: fit-content; margin: 0 auto;"> FOR MORE DETAILS ON CLINICS AND EVENTS PLEASE VISIT TAHOEDONNER.COM/TENNIS </div>	

CT - CARDIO TENNIS (ALL LEVELS)

A high energy tennis fitness class that provides a great aerobic workout while playing tennis. 60 minutes. Cost: \$13 Member, \$16 Guest

LDP - LADIES DRILL AND PLAY (2.5+)

Start with a 90 minute clinic with our pros and then test your new skills with 90 minutes of play. Cost: \$22 Member, \$27 Guest

TC - THEME CLINIC (3.0+)

These skill specific clinics help bring your game to the next level. Don't miss out so sign up early. 60 minutes. Cost: \$16 Member, \$19 Guest

MC - MINI CAMP

These 90 minute level and skill specific classes are a great way to sharpen your game. Cost: \$22 Member, \$27 Guest

LB - LIVE BALL (3.0+)

This is an up-tempo doubles clinic that focuses specifically on point play for 60 minutes. Cost: \$13 Member, \$16 Guest

SE - SPECIAL EVENTS

October's Special Events

PD - MEN'S, LADIES', MIXED DOUBLES, AND PICKLEBALL PLAY DATES

Looking for a great way to get out and play? An easy move up or down and split rotation format makes meeting new players and keeping the tennis competitive a snap. These programs run through October.

OCTOBER

SPECIAL EVENTS

NORTHERN NEVADA HIGH SCHOOL INDIVIDUAL TENNIS TOURNAMENT

FRIDAY - SATURDAY, OCTOBER 13 - 14

Friday and Saturday, October 13 and 14 the Tahoe Donner Tennis Center will host the Northern Nevada Regional Individual Tennis Tournament. This event will run all day as the best singles and doubles teams from Northern Nevada battle it out for a chance to head to Las Vegas to compete in the State Championships.

Please make a point to stop by to not only cheer on our local Truckee High School players as they make a bid to be called State Champions but to come out and watch some high-quality tennis played right here in our backyard by some of the tennis stars of tomorrow.

USTA RATINGS

1.5 - This player has limited experience and is still working primarily on getting the ball into play.

2.0 - This player needs on-court experience. This player has obvious stroke weaknesses but is familiar with basic positions for singles and doubles play.

2.5 - This player is learning to judge where the ball is going although court coverage is weak. Can sustain a short rally of slow pace with other players of the same ability.

3.0 - This player is fairly consistent when hitting medium paced shorts, but is not comfortable with all strokes and lacks execution when trying for directional control, depth, or power. Most common doubles formation is one-up, one-back.

3.5 - This player has achieved improved stroke dependability with directional control on moderate shots, but still lacks depth and variety. This player exhibits more aggressive net play, has improved court coverage, and is developing teamwork in doubles.

4.0 - This player has dependable strokes, including directional control and depth on both forehand and backhand sides on moderate shots, plus the ability to use lobs, overheads, approach shots and volleys with some success. This player occasionally forces errors when serving.

Rallies may be lost due to impatience. Teamwork in doubles is evident.

4.5 - This player has begun to master the use of power and spins and is beginning to handle pace, has sound footwork, can control depth of shots, and is beginning to vary game plan according to opponents. This player can hit first serves with power and accuracy and place the second serve. This player tends to over hit on difficult shots. Aggressive net play is common in doubles.

5.0 - This player has good shot anticipation and frequently has an outstanding shot or attribute around which a game may be structured. This player can regularly hit winners or force errors off of short balls and can put away volleys, can successfully execute lobs, drop shots, half volleys, overhead smashes, and has good depth and spin on most 2nd serves.

5.5 - This player has developed power and/or consistency as a major weapon. This player can vary strategies and styles of play in a competitive situation and hits dependable shots in a stress situation.

6.0 - 7.0 - The 6.0 player typically has had intensive training for national tournament competition at the junior and collegiate levels and has obtained a sectional and/or national ranking. The 7.0 is a world class player.

All classes have a 3 person minimum except for the Mini Camps which require a 4 person minimum. If minimums are not met then classes will either be shortened or cancelled. Ask the pro shop for specifics on our minimums policy. All classes have an 8 student to teacher ratio except for Theme Clinics and Mini Camps which is set at 6. Any classes that have more than the maximum signed up, a second or third pro may be added to the class in order to accommodate the extra participants. Please sign up early so you can ensure your spot and also allow us to schedule enough teaching pros to the classes. A cancellation policy is in effect for all classes and it requires you to call ahead to cancel your spot. If you do not show or do not call you will be charged the cost of the class. Please give us feedback about all of our classes, schedules and instructors so we will be better able to provide the quality and types of classes that you expect from your tennis center here at Tahoe Donner.

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