

GIVING FUND GRANT RECIPIENTS SIERRA SENIOR SERVICES

By **JEANETTE FAGERSKOG**, Tahoe Donner Giving Fund Committee

The Tahoe Donner Giving Fund is proud to feature another 2017 non-profit grant recipient – Sierra Senior Services. They received \$2,500 in grants.

The mission of Sierra Senior Services is to provide home-delivered meals, community dining and social connection to area seniors. They also coordinate additional support services that empower seniors to continue living independently.

Sierra Senior Services has served at-risk individuals 60 years of age or older in the Truckee/North Lake Tahoe area since 2001. The organization provides home-delivered meals by caring and dedicated community volunteers Monday through Friday. Volunteers bring food and friendship along with a daily wellness check to isolated seniors. For many, the volunteer driver is the only person a senior sees that day.

Meals are prepared in their kitchen and provide 1/3 of the minimum daily requirements for older adults. All are low in sodium, cholesterol and fat, and are approved by a registered dietitian. Monthly menus can be found on the website sierraseniors.org. No reservations are required and the general public is welcome.

Their delivery area is approximately 860 square miles in the North Tahoe Basin. Ninety percent (90%) of the participants are referrals from the medical community, 83% live alone, 68% are renters, 52% are disabled and 75% are over the age of 75.

Meals on Wheels is a donation program for individuals who are 60 or older and who have diminished capacity in at least two of the following areas: walking, transferring, standing, bathing, dressing, preparing a meal or mental competency.

Perhaps their impact is best summed up from a senior: "I look forward to getting my daily meal and talking with the volunteer driver. They always have something to say that brightens my day. I hope they never stop doing this."

Upcoming fundraising efforts include the Quarterly Pancake Breakfast beginning April 22.

MAKING A DIFFERENCE

Elements Mountain Company recently honored all of their snow removal customers by donating a total of \$4,066 to the Tahoe Donner Giving Fund, representing \$1 for every customer. As our Founding Partner, Elements Mountain Company has been instrumental in the growth of the Tahoe Donner Giving Fund by providing funding for our modest administrative expenses and now allowing over half of their contribution to go directly into our Grant Fund. Their continued support allows the Giving Fund to use Tahoe Donner member contributions for direct grants to area non-profits and local student scholarships. They are based in Tahoe Donner, and are demonstrating that Tahoe Donner Cares!

4TH ANNUAL TAHOE DONNER GIVING FUND DINNER AND AUCTION

Mark your calendars for the 4th Annual Tahoe Donner Giving Fund Dinner and Auction on July 11, 2018. Watch for more information to follow.

Do you have something to donate to our silent auction? Perhaps you:

- Run a business with products or services
- Have a timeshare or home near the beach or in San Francisco
- Can provide tickets for sporting, arts or entertainment event

Help us make this the best auction ever with some unique gifts. Contact us at TDGF@tahoedonner.com to make a tax-deductible contribution or for more information.

Proceeds from the dinner and auction will go directly into our 2018 Grant Fund, and will support several worthy area non-profits as well as help fund future scholarships to deserving youth.

The Tahoe Donner Giving Fund is chartered by the TD board of directors. All contributions are voluntary, tax-deductible gifts from TD members and friends. The Giving Fund is administered through the Tahoe Truckee Community Foundation. For more information on the Giving Fund or to make a contribution, visit our web page at tahoedonner.com/giving-fund. Contact tdgf@tahoedonner.com with questions or to volunteer for the committee. Thank you to Elements Mountain Company, our founding partner.

