



# TENNIS CALENDAR

| SUN   | MON  | TUES  | WED  | THURS  | FRI  | SAT   |
|---|--|---|--|--|--|---|
| <h1>July</h1>   |  |   |  |  |  |   |
|   | 1  | 2   | 3  | 4  | 5  | 6   |
|   | <b>8AM</b> RISE + SHINE 3.5+<br><b>9AM</b> CARDIO TENNIS<br><b>10AM</b> LIVE BALL<br><b>2PM</b> CAMP AGES 5-17<br><b>5:30PM</b> BEGINNERS NIGHT<br><b>5:30PM</b> HIGH SCHOOL | <b>8AM</b> RISE + SHINE 4.0+<br><b>9AM</b> MEN'S DAY<br><b>9:30AM</b> CARDIO TENNIS<br><b>10:30AM</b> MINI CAMP 3.0+<br><b>2PM</b> CAMP AGES 5-17<br><b>5PM</b> LADIES' NIGHT 3.5+        | <b>8AM</b> RISE + SHINE 3.0+<br><b>9AM</b> LADIES DRILL + PLAY<br><b>2PM</b> CAMP AGES 5-17<br><b>5PM</b> MEN'S NIGHT 4.0+<br><b>5:30PM</b> CARDIO TENNIS        | <b>8AM</b> RISE + SHINE 3.5+<br><b>9:30AM</b> CARDIO TENNIS<br><b>10:30AM</b> MINI CAMP 3.0+<br><b>2PM</b> CAMP AGES 5-17        | <b>8AM</b> RISE + SHINE 4.0+<br><b>9AM</b> LADIES DAY<br><b>9AM</b> CARDIO TENNIS<br><b>10AM</b> VOLLEYS<br><b>2PM</b> CAMP AGES 5-17<br><b>5:30PM</b> LIVE BALL                 | <b>9AM</b> CARDIO TENNIS<br><b>10AM</b> LIVE BALL<br><b>11AM</b> GROUNDSTROKES<br><b>3PM</b> MARGARITA MADNESS<br><b>PRO EXHIBITION</b> |
| 7   | 8  | 9   | 10   | 11   | 12   | 13  |
| <b>9AM</b> MIXED DOUBLES<br><b>9AM</b> CARDIO TENNIS<br><b>10AM</b> LIVE BALL<br><b>11AM</b> SERVES + RETURNS                                   | <b>8AM</b> RISE + SHINE 3.0+<br><b>9AM</b> CARDIO TENNIS<br><b>10AM</b> LIVE BALL<br><b>2PM</b> CAMP AGES 5-17<br><b>5:30PM</b> BEGINNERS NIGHT<br><b>5:30PM</b> HIGH SCHOOL | <b>8AM</b> RISE + SHINE 3.5+<br><b>9AM</b> MEN'S DAY<br><b>9:30AM</b> CARDIO TENNIS<br><b>10:30AM</b> MINI CAMP 3.0+<br><b>2PM</b> CAMP AGES 5-17<br><b>5PM</b> LADIES' NIGHT 3.5+        | <b>8AM</b> RISE + SHINE 4.0+<br><b>9AM</b> LADIES DRILL + PLAY<br><b>2PM</b> CAMP AGES 5-17<br><b>5PM</b> MEN'S NIGHT 4.0+<br><b>5:30PM</b> CARDIO TENNIS        | <b>8AM</b> RISE + SHINE 3.0+<br><b>9:30AM</b> CARDIO TENNIS<br><b>10:30AM</b> MINI CAMP 3.0+<br><b>2PM</b> CAMP AGES 5-17        | <b>8AM</b> RISE + SHINE 3.5+<br><b>9AM</b> LADIES DAY<br><b>9AM</b> CARDIO TENNIS<br><b>10AM</b> OFFENSE/DEFENSE<br><b>2PM</b> CAMP AGES 5-17<br><b>5:30PM</b> LIVE BALL         | <b>9AM</b> CARDIO TENNIS<br><b>10AM</b> LIVE BALL<br><b>11AM</b> VOLLEYS  |
| 14  | 15   | 16  | 17   | 18   | 19   | 20  |
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**CARDIO TENNIS (ALL LEVELS)**

A high energy tennis fitness class that provides a great aerobic workout while playing tennis. 60 minutes.

Cost: \$15 Member, \$18 Guest

**LIVE BALL (3.0+)**

This is an up-tempo doubles clinic that focuses specifically on point play for 60 minutes.

Cost: \$15 Member, \$18 Guest

**THEME CLINIC (3.0+)**

These skill specific clinics help bring your game to the next level. Don't miss out so sign up early. 60 minutes.

Cost: \$18 Member, \$21 Guest

**RISE + SHINE USTA DEVELOPMENT CLINICS (3.0+, 3.5+ AND 4.0+)**

These level specific clinics are for current USTA team and tournament players looking to sharpen skills, improve tactics, footwork and court positioning. Must have a current USTA confirmed rating to participate.

Cost: \$18 Member, \$21 Guest

**LADIES DRILL AND PLAY (2.5+)**

Start with a 90 minute clinic with our pros and then test your new skills with 90 minutes of play.

Cost: \$25 Member, \$30 Guest

**MINI CAMPS**

These 90 minute level and skill specific classes are a great way to sharpen your game.

Cost: \$25 Member, \$30 Guest

**MONDAY NIGHT BEGINNERS**

These 90-minute intro classes are geared for beginners to learn the game of tennis in a fun and informative format.

Cost: \$25 Member, \$30 Guest

**JUNIOR PROGRAMS**

This summer's camp is a great way to get your young stars out on the courts having fun and learning the game. Please contact the Tennis Pro Shop for more information.

**SPECIAL EVENTS**

Tennis Special Events

**MEN'S, LADIES', MIXED DOUBLES + HIGH SCHOOL PLAY DATES**

Looking for a great way to get out and play? An easy move up or down and split rotation format makes meeting new players and keeping the tennis competitive a snap. These programs run through October.

# July

## SPECIAL EVENTS

### MARGARITA MADNESS PRO EXHIBITION

SATURDAY, JULY 6 | 3PM

Sit back, relax and watch the pros go to work as they battle it out on the court for your viewing pleasure. This year we bring some top-notch talent to entertain and show us how it is really done. Sponsored by the Tennis Club; free event.

### BREAKFAST AT WIMBLEDON

SUNDAY, JULY 14 | 6AM

Wear your Wimbledon whites (pajamas) as we shall share a spot of tea, strawberries and cream, and scones whilst we watch Wimbledon together. Don't forget to bring your English accent...cheerio!

### BURGER BASH ROUND ROBIN

SATURDAY, JULY 20 | 3PM

Join the Tennis Club for an afternoon of tennis, food and fun. Start off with a warm-up clinic from our certified teaching staff, then test your skills in Round Robin play and finish with a feast of all your BBQ and potluck favorites. These events have become a mainstay of the summer schedule and are can't miss events the whole family will love.

[TAHOEDONNER.COM/TENNIS](https://TAHOEDONNER.COM/TENNIS)

## USTA RATINGS

1.5 - This player has limited experience and is still working primarily on getting the ball into play.

2.0 - This player needs on-court experience. This player has obvious stroke weaknesses but is familiar with basic positions for singles and doubles play.

2.5 - This player is learning to judge where the ball is going although court coverage is weak. Can sustain a short rally of slow pace with other players of the same ability.

3.0 - This player is fairly consistent when hitting medium paced shots, but is not comfortable with all strokes and lacks execution when trying for directional control, depth, or power. Most common doubles formation is one-up, one-back.

3.5 - This player has achieved improved stroke dependability with directional control on moderate shots, but still lacks depth and variety. This player exhibits more aggressive net play, has improved court coverage, and is developing teamwork in doubles.

4.0 - This player has dependable strokes, including directional control and depth on both forehand and backhand sides on moderate shots, plus the ability to use lobs, overheads, approach shots and volleys with some success. This player occasionally forces errors when serving. Rallies may be lost due to impatience. Teamwork in doubles is evident.

4.5 - This player has begun to master the use of power and spins and is beginning to handle pace, has sound footwork, can control depth of shots, and is beginning to vary game plan according to opponents. This player can hit first serves with power and accuracy and place the second serve. This player tends to over hit on difficult shots. Aggressive net play is common in doubles.

5.0 - This player has good shot anticipation and frequently has an outstanding shot or attribute around which a game may be structured. This player can regularly hit winners or force errors off of short balls and can put away volleys, can successfully execute lobs, drop shots, half volleys, overhead smashes, and has good depth and spin on most 2nd serves.

5.5 - This player has developed power and/or consistency as a major weapon. This player can vary strategies and styles of play in a competitive situation and hits dependable shots in a stress situation.

6.0 - 7.0 - The 6.0 player typically has had intensive training for national tournament competition at the junior and collegiate levels and has obtained a sectional and/or national ranking. The 7.0 is a world class player.

All classes have a 3 person minimum except for the Mini Camps which require a 4 person minimum. If minimums are not met then classes will either be shortened or cancelled. Ask the pro shop for specifics on our minimums policy. All classes have an 8 student to teacher ratio except for Theme Clinics and Mini Camps which is set at 6. Any classes that have more than the maximum signed up, a second or third pro may be added to the class in order to accommodate the extra participants. Please sign up early so you can ensure your spot and also allow us to schedule enough teaching pros to the classes. A cancellation policy is in effect for all classes and it requires you to call ahead to cancel your spot. If you do not show or do not call you will be charged the cost of the class. Please give us feedback about all of our classes, schedules and instructors so we will be better able to provide the quality and types of classes that you expect from your tennis center here at Tahoe Donner.

See you on the courts! Ian Mindell Director of Tennis 530-587-9474 [tennis@tahoedonner.com](mailto:tennis@tahoedonner.com)



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|--|--|---|---|--|--|---|
| <h1>July</h1>  |  |   |   |  |  |   |
|  | 1  | 2   | 3   | 4  | 5  | 6   |
|  | 8AM RISE + SHINE 3.5+<br>9AM CARDIO TENNIS<br>10AM LIVE BALL<br>2PM CAMP AGES 5-17<br>5:30PM BEGINNERS NIGHT<br>5:30PM HIGH SCHOOL | 8AM RISE + SHINE 4.0+<br>9AM MEN'S DAY<br>9:30AM CARDIO TENNIS<br>10:30AM MINI CAMP 3.0+<br>2PM CAMP AGES 5-17<br>5PM LADIES' NIGHT 3.5+        | 8AM RISE + SHINE 3.0+<br>9AM LADIES DRILL + PLAY<br>2PM CAMP AGES 5-17<br>5PM MEN'S NIGHT 4.0+<br>5:30PM CARDIO TENNIS        | 8AM RISE + SHINE 3.5+<br>9:30AM CARDIO TENNIS<br>10:30AM MINI CAMP 3.0+<br>2PM CAMP AGES 5-17        | 8AM RISE + SHINE 4.0+<br>9AM LADIES DAY<br>9AM CARDIO TENNIS<br>10AM VOLLEYS<br>2PM CAMP AGES 5-17<br>5:30PM LIVE BALL                 | 9AM CARDIO TENNIS<br>10AM LIVE BALL<br>11AM GROUNDSTROKES<br>3PM MARGARITA MADNESS PRO EXHIBITION |
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6.0 - 7.0 - The 6.0 player typically has had intensive training for national tournament competition at the junior and collegiate levels and has obtained a sectional and/or national ranking. The 7.0 is a world class player.

All classes have a 3 person minimum except for the Mini Camps which require a 4 person minimum. If minimums are not met then classes will either be shortened or cancelled. Ask the pro shop for specifics on our minimums policy. All classes have an 8 student to teacher ratio except for Theme Clinics and Mini Camps which is set at 6. Any classes that have more than the maximum signed up, a second or third pro may be added to the class in order to accommodate the extra participants. Please sign up early so you can ensure your spot and also allow us to schedule enough teaching pros to the classes. A cancellation policy is in effect for all classes and it requires you to call ahead to cancel your spot. If you do not show or do not call you will be charged the cost of the class. Please give us feedback about all of our classes, schedules and instructors so we will be better able to provide the quality and types of classes that you expect from your tennis center here at Tahoe Donner.

See you on the courts, Ian Mindell Director of Tennis 530-587-9474 [tennis@tahoedonner.com](mailto:tennis@tahoedonner.com)