



TENNIS CALENDAR

September

SUN	MON	TUES	WED	THURS	FRI	SAT
1 9AM MIXED DOUBLES 9AM CARDIO TENNIS 10AM LIVE BALL 11AM SERVES + RETURNS	2 8AM RISE + SHINE 3.5+ 9AM CARDIO TENNIS 10AM LIVE BALL 530PM BEGINNERS NIGHT	3 9AM MEN'S DAY 9AM CARDIO TENNIS 10AM MINI CAMP 3.0+	4 8AM RISE + SHINE 4.0+ 9AM LADIES DRILL + PLAY 530PM CARDIO TENNIS	5 9AM CARDIO TENNIS 10AM MINI CAMP 3.0+	6 8AM RISE + SHINE 3.5+ 9AM LADIES DAY 9AM CARDIO TENNIS 10AM OFFENSE/DEFENSE 530PM LIVE BALL	7 9AM CARDIO TENNIS 10AM LIVE BALL 11AM VOLLEYS
8 9AM MIXED DOUBLES 9AM CARDIO TENNIS 10AM LIVE BALL 11AM GROUNDSTROKES	9 8AM RISE + SHINE 4.0+ 530PM BEGINNERS NIGHT	10 9AM MEN'S DAY 9AM CARDIO TENNIS 10AM MINI CAMP 3.0+	11 8AM RISE + SHINE 3.5+ 9AM LADIES DRILL + PLAY 530PM CARDIO TENNIS	12 9AM CARDIO TENNIS 10AM MINI CAMP 3.0+	13 8AM RISE + SHINE 4.0+ 9AM LADIES DAY 9AM CARDIO TENNIS 10AM SERVES + RETURNS 530PM LIVE BALL	14 9AM CARDIO TENNIS 10AM LIVE BALL 11AM DOUBLES TROUBLES
15 9AM MIXED DOUBLES 9AM CARDIO TENNIS 10AM LIVE BALL 11AM OFFENSE/DEFENSE	16 8AM RISE + SHINE 3.5+ 530PM BEGINNERS NIGHT	17 9AM MEN'S DAY 9AM CARDIO TENNIS 10AM MINI CAMP 3.0+	18 9AM LADIES DRILL + PLAY 530PM CARDIO TENNIS	19 9AM CARDIO TENNIS 10AM MINI CAMP 3.0+	20 8AM RISE + SHINE 4.0+ 9AM LADIES DAY 9AM CARDIO TENNIS 10AM VOLLEYS 530PM LIVE BALL	21 9AM CARDIO TENNIS 10AM LIVE BALL 11AM GROUNDSTROKES ALL DAY 11TH ANNUAL FALL JUNIOR OPEN
22 9AM MIXED DOUBLES 9AM CARDIO TENNIS 10AM LIVE BALL 11AM SERVES + RETURNS ALL DAY 11TH ANNUAL FALL JUNIOR OPEN	23 8AM RISE + SHINE 4.0+ 530PM BEGINNERS NIGHT	24 9AM MEN'S DAY 9AM CARDIO TENNIS 10AM MINI CAMP 3.0+	25 9AM LADIES DRILL + PLAY 530PM CARDIO TENNIS	26 9AM CARDIO TENNIS 10AM MINI CAMP 3.0+	27 8AM RISE + SHINE 3.5+ 9AM LADIES DAY 9AM CARDIO TENNIS 10AM DOUBLES TROUBLES 530PM LIVE BALL	28 9AM CARDIO TENNIS 10AM LIVE BALL 11AM OFFENSE/DEFENSE
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CARDIO TENNIS (ALL LEVELS)

A high energy tennis fitness class that provides a great aerobic workout while playing tennis. 60 minutes.

Cost: \$15 Member, \$18 Guest

LIVE BALL (3.0+)

This is an up-tempo doubles clinic that focuses specifically on point play for 60 minutes.

Cost: \$15 Member, \$18 Guest

THEME CLINIC (3.0+)

These skill specific clinics help bring your game to the next level. Don't miss out so sign up early. 60 minutes.

Cost: \$18 Member, \$21 Guest

RISE + SHINE USTA DEVELOPMENT CLINICS (3.0+, 3.5+ AND 4.0+)

These level specific clinics are for current USTA team and tournament players looking to sharpen skills, improve tactics, footwork and court positioning. Must have a current USTA confirmed rating to participate.

Cost: \$18 Member, \$21 Guest

LADIES DRILL AND PLAY (2.5+)

Start with a 90 minute clinic with our pros and then test your new skills with 90 minutes of play.

Cost: \$25 Member, \$30 Guest

MINI CAMPS

These 90 minute level and skill specific classes are a great way to sharpen your game.

Cost: \$25 Member, \$30 Guest

MONDAY NIGHT BEGINNERS

These 90-minute intro classes are geared for beginners to learn the game of tennis in a fun and informative format.

Cost: \$25 Member, \$30 Guest

JUNIOR PROGRAMS

This summer's camp is a great way to get your young stars out on the courts having fun and learning the game. Please contact the Tennis Pro Shop for more information.

SPECIAL EVENTS

Tennis Special Events

MEN'S, LADIES', MIXED DOUBLES + HIGH SCHOOL PLAY DATES

Looking for a great way to get out and play? An easy move up or down and split rotation format makes meeting new players and keeping the tennis competitive a snap. These programs run through October.

September

SPECIAL EVENTS

11TH ANNUAL FALL JUNIOR OPEN SATURDAY-SUNDAY, SEPTEMBER 21-22

ThisUSTA event will not only draw players from all over the Northern California area but many of our local athletes as they fight for ranking points and the Tahoe Donner Championship Title. Sign up online at www.norcal.usta.com and click on the Junior Tournament link. More information can be provided by emailing imindell@tahoeodonner.com. Come over to the tennis center to watch these up and coming tennis stars.

USTA RATINGS

1.5 - This player has limited experience and is still working primarily on getting the ball into play.

2.0 - This player needs on-court experience. This player has obvious stroke weaknesses but is familiar with basic positions for singles and doubles play.

2.5 - This player is learning to judge where the ball is going although court coverage is weak. Can sustain a short rally of slow pace with other players of the same ability.

3.0 - This player is fairly consistent when hitting medium paced shots, but is not comfortable with all strokes and lacks execution when trying for directional control, depth, or power. Most common doubles formation is one-up, one-back.

3.5 - This player has achieved improved stroke dependability with directional control on moderate shots, but still lacks depth and variety. This player exhibits more aggressive net play, has improved court coverage, and is developing teamwork in doubles.

4.0 - This player has dependable strokes, including directional control and depth on both forehand and backhand sides on moderate shots, plus the ability to use lobs, overheads, approach shots and volleys with some success. This player occasionally forces errors when serving. Rallies may be lost due to impatience. Teamwork in doubles is evident.

4.5 - This player has begun to master the use of power and spins and is beginning to handle pace, has sound footwork, can control depth of shots, and is beginning to vary game plan according to opponents. This player can hit first serves with power and accuracy and place the second serve. This player tends to over hit on difficult shots. Aggressive net play is common in doubles.

5.0 - This player has good shot anticipation and frequently has an outstanding shot or attribute around which a game may be structured. This player can regularly hit winners or force errors off of short balls and can put away volleys, can successfully execute lobs, drop shots, half volleys, overhead smashes, and has good depth and spin on most 2nd serves.

5.5 - This player has developed power and/or consistency as a major weapon. This player can vary strategies and styles of play in a competitive situation and hits dependable shots in a stress situation.

6.0 - 7.0 - The 6.0 player typically has had intensive training for national tournament competition at the junior and collegiate levels and has obtained a sectional and/or national ranking. The 7.0 is a world class player.



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TAHOEDONNER.COM/TENNIS

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All classes have a 3 person minimum except for the Mini Camps which require a 4 person minimum. If minimums are not met then classes will either be shortened or cancelled. Ask the pro shop for specifics on our minimums policy. All classes have an 8 student to teacher ratio except for Theme Clinics and Mini Camps which is set at 6. Any classes that have more than the maximum signed up, a second or third pro may be added to the class in order to accommodate the extra participants. Please sign up early so you can ensure your spot and also allow us to schedule enough teaching pros to the classes. A cancellation policy is in effect for all classes and it requires you to call ahead to cancel your spot. If you do not show or do not call you will be charged the cost of the class. Please give us feedback about all of our classes, schedules and instructors so we will be better able to provide the quality and types of classes that you expect from your tennis center here at Tahoe Donner.

See you on the courts, Ian Mindell Director of Tennis 530-587-9474 tennis@tahoedonner.com

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