



OCTOBER TENNIS CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 9AM LADIES' DAY	2 9AM CARDIO TENNIS 10AM LIVE BALL 11AM GROUNDSTROKES
3 9AM MIXED DOUBLES 9AM CARDIO TENNIS 10AM LIVE BALL 11AM OFFENSE/DEFENSE	4	5 9AM MENS' DAY	6 9AM LADIES DRILL + PLAY	7	8 9AM LADIES' DAY	9 9AM CARDIO TENNIS 10AM LIVE BALL 11AM VOLLEYS
10 9AM MIXED DOUBLES 9AM CARDIO TENNIS 10AM LIVE BALL 11AM SERVES + RETURNS	11	12 9AM MENS' DAY	13 9AM LADIES DRILL + PLAY	14	15 9AM LADIES' DAY	16 9AM CARDIO TENNIS 10AM LIVE BALL 11AM DOUBLES TROUBLES
17 9AM MIXED DOUBLES 9AM CARDIO TENNIS 10AM LIVE BALL 11AM GROUNDSTROKES	18	19 9AM MENS' DAY	20 9AM LADIES DRILL + PLAY	21	22 ALL DAY NORTHERN NEVADA HIGH SCHOOL INDIVIDUAL TENNIS TOURNAMENT 9AM LADIES' DAY	23 ALL DAY NORTHERN NEVADA HIGH SCHOOL INDIVIDUAL TENNIS TOURNAMENT 9AM CARDIO TENNIS 10AM LIVE BALL 11AM OFFENSE/DEFENSE
24 9AM MIXED DOUBLES 9AM CARDIO TENNIS 10AM LIVE BALL 11AM VOLLEYS	25	26 9AM MENS' DAY	27 9AM LADIES DRILL + PLAY	28	29 9AM LADIES' DAY	30 9AM CARDIO TENNIS 10AM LIVE BALL 11AM SERVES + RETURNS
31 9AM MIXED DOUBLES 9AM CARDIO TENNIS 10AM LIVE BALL 11AM DOUBLES TROUBLES						

CARDIO TENNIS (ALL LEVELS)

A high energy, 60-minute tennis fitness class that provides a great aerobic workout while playing tennis.

Cost: Member \$16, Guest \$19

LADIES DRILL AND PLAY (2.5+)

Start with a 90-minute clinic with our pros and then test your new skills with 90 minutes of play.

Cost: Member \$25, Guest \$30

THEME CLINIC (3.0+)

These 60-minute skill specific clinics help bring your game to the next level. Sign up early to avoid missing out.

Cost: Member \$19, Guest \$22

MINI CAMPS

These 90-minute level and skill specific classes are a great way to sharpen your game.

Cost: Member \$25, Guest \$30

LIVE BALL (3.0+)

These 60-minute, up-tempo doubles clinics focus specifically on point play.

Cost: Member \$16, Guest \$19

JUNIOR PROGRAMS

This summer's combination of camps and clinics is a great way to get your young stars out on the courts having fun and learning the game. Please contact the Tennis Pro Shop for more information.

SPECIAL EVENTS

Special events at the Tennis Center. Please contact the Tennis Pro Shop or visit tahoedonner.com/tennis for more information.

MENS', LADIES', MIXED DOUBLES + PICKLEBALL PLAY DATES

Looking for a great way to get out and play? An easy move up or down and split rotation format makes meeting new players and keeping the tennis competitive a snap. These programs run through October.

OCTOBER

SPECIAL EVENTS

THE NORTHERN NEVADA HIGH SCHOOL INDIVIDUAL TENNIS TOURNAMENT

DATES: Friday, October 22 + Saturday, October 23

TIME: Event runs all day

COST: FREE

TAHOEDONNER.COM/TENNIS

USTA RATINGS

1.5 - This player has limited experience and is still working primarily on getting the ball into play.

2.0 - This player needs on-court experience. This player has obvious stroke weaknesses but is familiar with basic positions for singles and doubles play.

2.5 - This player is learning to judge where the ball is going although court coverage is weak. Can sustain a short rally of slow pace with other players of the same ability.

3.0 - This player is fairly consistent when hitting medium paced shorts, but is not comfortable with all strokes and lacks execution when trying for directional control, depth, or power. Most common doubles formation is one-up, one-back.

3.5 - This player has achieved improved stroke dependability with directional control on moderate shots, but still lacks depth and variety. This player exhibits more aggressive net play, has improved court coverage, and is developing teamwork in doubles.

4.0 - This player has dependable strokes, including directional control and depth on both forehand and backhand sides on moderate shots, plus the ability to use lobs, overheads, approach shots and volleys with some success. This player occasionally forces errors when serving. Rallies may be lost due to impatience. Teamwork in doubles is evident.

4.5 - This player has begun to master the use of power and spins and is beginning to handle pace, has sound footwork, can control depth of shots, and is beginning to vary game plan according to opponents. This player can hit first serves with power and accuracy and place the second serve. This player tends to over hit on difficult shots. Aggressive net play is common in doubles.

5.0 - This player has good shot anticipation and frequently has an outstanding shot or attribute around which a game may be structured. This player can regularly hit winners or force errors off of short balls and can put away volleys, can successfully execute lobs, drop shots, half volleys, overhead smashes, and has good depth and spin on most 2nd serves.

5.5 - This player has developed power and/or consistency as a major weapon. This player can vary strategies and styles of play in a competitive situation and hits dependable shots in a stress situation.

6.0 - 7.0 - The 6.0 player typically has had intensive training for national tournament competition at the junior and collegiate levels and has obtained a sectional and/or national ranking. The 7.0 is a world class player.

All classes have a 3-person minimum except for the Mini Camps which require a 4-person minimum. If minimums are not met then classes will either be shortened or canceled. Ask the Pro Shop for specifics on our minimums policy. All classes have an 8-person student-to-teacher ratio except for Theme Clinics and Mini Camps which is set at 6. For any classes that have more than the maximum number of students-per-teacher signed up, a second or third pro may be added to the class in order to accommodate the extra participants. Please sign up early so you can ensure your spot and also allow us to schedule enough teaching pros for the classes. A cancellation policy is in effect for all classes and it requires you to call ahead to cancel your spot. If you do not show or do not call you will be charged the cost of the class. Please give us feedback about all of our classes, schedules and instructors so we will be better able to provide the quality and types of classes that you expect from your tennis center here at Tahoe Donner.

See you on the courts! Ian Mindell, Director of Tennis (530) 587-9474 tennis@tahoedonner.com



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