



OCTOBER TENNIS CALENDAR

Sign up for October clinics, lessons and programs starting **Sept. 12**.
 Guest sign ups begin Sept. 19.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 9AM CARDIO TENNIS 10AM NEW! LIVE BALL 11AM VOLLEYS
2 9AM MIXED DOUBLES 9AM CARDIO TENNIS 10AM LIVE BALL 11AM DOUBLES PLAYBOOK PRO SHOP BEGINS CLOSING AT 6:30PM	3	4 9AM MEN'S DAY	5 9AM LADIES DRILL + PLAY	6	7 9AM LADIES' DAY	8 9AM CARDIO TENNIS 10AM NEW! LIVE BALL 11AM SERVE & RETURNS
9 9AM MIXED DOUBLES 9AM CARDIO TENNIS 10AM LIVE BALL 11AM APPROACH SHOTS	10	11 9AM MEN'S DAY	12 9AM LADIES DRILL + PLAY	13	14 9AM LADIES' DAY	15 9AM CARDIO TENNIS 10AM NEW! LIVE BALL 11AM ATTACK & DEFEND
16 9AM MIXED DOUBLES 9AM CARDIO TENNIS 10AM LIVE BALL 11AM SERVE PLUS ONE PRO SHOP BEGINS CLOSING AT 6PM	17	18 9AM MEN'S DAY	19 9AM LADIES DRILL + PLAY	20	21 9AM LADIES' DAY	22 9AM CARDIO TENNIS 10AM NEW! LIVE BALL 11AM LOBS & OVERHEADS
23 9AM MIXED DOUBLES 9AM CARDIO TENNIS 10AM LIVE BALL 11AM CONSISTENCY	24	25 9AM MEN'S DAY	26 9AM LADIES DRILL + PLAY	27	28 9AM LADIES' DAY	29 9AM CARDIO TENNIS 10AM NEW! LIVE BALL 11AM FUN GAMES
30 9AM MIXED DOUBLES 9AM CARDIO TENNIS 10AM LIVE BALL 11AM FUN GAMES PRO SHOP CLOSING FOR END OF SEASON	31					

CARDIO TENNIS (ALL LEVELS)
 A high energy, 60-minute tennis fitness class that provides a great aerobic workout while playing tennis.
Cost: \$17 Member, \$20 Guest

LADIES DRILL AND PLAY (2.5+)
 Start with a 90-minute clinic with our pros and then test your new skills with 90 minutes of play.
Cost: \$25 Member, \$30 Guest

THEME CLINIC (3.0+)
 These 60-minute skill-specific clinics help bring your game to the next level. Sign up early to avoid missing out.
Cost: \$20 Member, \$23 Guest

LIVE BALL (3.0+)
 These 60-minute, up-tempo doubles clinics focus specifically on point play.
Cost: \$17 Member, \$20 Guest

EXTREME LIVE BALL (3.0+)
 An intensive two-hour training session designed to bring out your best game.
Cost: \$37.50 Member, \$45 Guest

SPECIAL EVENTS
 Special events at the Tennis Center. Contact the Tennis Pro Shop or visit tahoedonner.com/tennis for more info.

MENS', LADIES' + MIXED DOUBLES PLAY DATES
 An easy move up or down and split rotation format makes meeting new players and keeping the tennis competitive a snap.
Cost per Play Day:
 Member with Rec Fee Paid FREE,
 Member without Rec Fee \$10,
 Guest \$12
Cost per Play Night:
 Member \$8, Guest \$10
 Includes beverages

OCTOBER

SPECIAL EVENTS

THE PRO SHOP HOURS:

THROUGH OCTOBER 1 | 8AM-7PM
THROUGH OCTOBER 15 | 8AM-6:30PM
THROUGH OCTOBER 30 | 8AM-6PM

THE PRO SHOP WILL BE CLOSING OCTOBER 30 FOR THE SEASON.

TAHOEDONNER.COM/TENNIS

USTA RATINGS

1.5 - This player has limited experience and is still working primarily on getting the ball into play.

2.0 - This player needs on-court experience. This player has obvious stroke weaknesses but is familiar with basic positions for singles and doubles play.

2.5 - This player is learning to judge where the ball is going although court coverage is weak. Can sustain a short rally of slow pace with other players of the same ability.

3.0 - This player is fairly consistent when hitting medium paced shots, but is not comfortable with all strokes and lacks execution when trying for directional control, depth, or power. Most common doubles formation is one-up, one-back.

3.5 - This player has achieved improved stroke dependability with directional control on moderate shots, but still lacks depth and variety. This player exhibits more aggressive net play, has improved court coverage, and is developing teamwork in doubles.

4.0 - This player has dependable strokes, including directional control and depth on both forehand and backhand sides on moderate shots, plus the ability to use lobs, overheads, approach shots and volleys with some success. This player occasionally forces errors when serving. Rallies may be lost due to impatience. Teamwork in doubles is evident.

4.5 - This player has begun to master the use of power and spins and is beginning to handle pace, has sound footwork, can control depth of shots, and is beginning to vary game plan according to opponents. This player can hit first serves with power and accuracy and place the second serve. This player tends to over hit on difficult shots. Aggressive net play is common in doubles.

5.0 - This player has good shot anticipation and frequently has an outstanding shot or attribute around which a game may be structured. This player can regularly hit winners or force errors off of short balls and can put away volleys, can successfully execute lobs, drop shots, half volleys, overhead smashes, and has good depth and spin on most 2nd serves.

5.5 - This player has developed power and/or consistency as a major weapon. This player can vary strategies and styles of play in a competitive situation and hits dependable shots in a stress situation.

6.0 - 7.0 - The 6.0 player typically has had intensive training for national tournament competition at the junior and collegiate levels and has obtained a sectional and/or national ranking. The 7.0 is a world class player.

All classes have a 3-person minimum except for the Mini Camps which require a 4-person minimum. If minimums are not met then classes will either be shortened or canceled. Ask the Pro Shop for specifics on our minimums policy. All classes have an 8-person student-to-teacher ratio except for Theme Clinics and Mini Camps which is set at 6. For any classes that have more than the maximum number of students-per-teacher signed up, a second or third pro may be added to the class in order to accommodate the extra participants. Please sign up early so you can ensure your spot and also allow us to schedule enough teaching pros for the classes. A cancellation policy is in effect for all classes and it requires you to call ahead to cancel your spot. If you do not show or do not call you will be charged the cost of the class. Please give us feedback about all of our classes, schedules and instructors so we will be better able to provide the quality and types of classes that you expect from your tennis center here at Tahoe Donner.



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