



















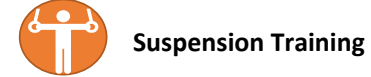


Date April 21st to 27th

GROUP FITNESS



SUNDAY 4/21	MONDAY 4/22	TUESDAY 4/23	WEDNESDAY 4/24	THURSDAY 4/25	FRIDAY 4/26	SATURDAY 4/27
	 6:30-7:15AM TRX (Kari)		 6:05-7:00AM Spinning (Kim)		 6:30-7:15AM TRX (Kari)	
					 7:30-8:30AM Power Yoga (Christy)	
	 8:00-9:00AM Spinning (Karen)		 8:00-9:00AM Spinning (Karen)		 8:00-9:00AM Spinning (Kim)	 8:00-9:00AM Power Core (Ivazina)
	 9:30- 10:30AM Zumba®/Strength (Emily)	 9:30-10:45AM Vinyasa Yoga (Jennie)	 9:30- 10:30AM Zumba®/Strength (Emily)	 9:30-10:45AM Vinyasa Yoga (Jennie)	 9:30- 10:30AM Zumba®/Strength (Emily)	 9:30-10:45AM Vinyasa Yoga (Marissa)
			 11:30-12:15PM Ski Fit (Delana)			 11:00-12:00PM AFLOW (Heather)
 4:30-5:30PM Yin Yoga (Leanne)				 4:00- 6:00PM Karate Club (Suz)		
	 5:15-6:15PM Strength & Core (Ivazina)	 5:30-6:45PM Power Yoga (Staci)	 5:15-6:15PM Strength & Core (Ivazina)			
	 6:30-7:30PM Vinyasa Yoga (Kelly)		 6:30-7:30PM Vinyasa Yoga (Kelly)	 6:15-7:15PM Pilates (Leanne)		



*PLEASE CHECK WEBSITE OR ASK OUR HOSTS AT THE FRONT DESK FOR CANCELATIONS AND UPDATES